

Missing Formal Learning To Help You Meet Current Personal and Professional Goals Now

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So much of learning in school and college relates to what, when and who rather than how and why. Perhaps that's because seeming facts could be easier for institutions to teach, organize and test than processes, or the how and why.

Processes are often nonlinear and challenging to teach as well as to evaluate. But as you'll see in the following list of topics you may want to learn or improve, many of them are essential for effective personal and professional action. Add your own ideas on the blank lines.

1. Listening
2. Resolving conflict
3. Thinking critically
4. Making your case for something
5. Expressing and using humor appropriately
6. Questioning authority
7. Being authentic
8. Planning and using resources such as time and money
9. Dealing with and expressing power
10. Developing confidence
11. Following curiosity
12. Doing research across disciplines
13. Using technology in ethical and effective ways
14. Speaking
15. Writing
16. Communicating nonverbally (from drawing to body language)
17. Love of learning
18. Curiosity, including how the future will influence their lives
19. _____
20. _____

In your own specific words, choose the top two or three processes you want to learn. Then do the same for the next two or three you want to improve.

For the most important choice, jot down several viable ideas to start within the next week. Include accessible sources and individuals that will be catalysts for assistance. In addition, play with ways to bring together some complementary topics, such as humor and speaking, for fun and richer learning as well as efficiency and effectiveness. Contact Ruth for assistance, as you wish.